

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

Course Out line

Course Title: ABNORMAL PSYCHOLOGY

Code No.: PSY 208-3

Program: Social Sciences

Date: January 1991

Author: Gerry Page Rm -473

New:

Revision: ''

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Course Outline: Abnormal Psychology 208-3 Instructor: Gerry Page

Course Description:

This course is designed to assist students in gaining an understanding of the causes, symptoms, and treatment of various behavioural and mental disorders. Discussion will include societal and community reactions to persons with abnormal behaviour.

Course Objectives:

Upon completion of the course the student will:

1. have a greater understanding of abnormal psychology.
2. list and explain, at a basic level, the distinguishing characteristics of the various mental and behavioural disorders.
3. gain a basic understanding of various therapeutic approaches in dealing with mental and behavioural disorders.
4. review society's reaction to abnormal behaviour and emotional disorders.

Textbook:

"Abnormal Psychology" 6th Edition 1989.
Irwin and Barbara Sarason Prentice Hall

Additional audio-visual material will be used in conjunction with the above text. Students will be tested not only on text and lecture material, but also any audio-visual material.

Syllabus:

Week 1: Read Chapter 1 and make notes:

- What is abnormal behaviour?
- a. Meaning of "Adaption" and "Adjustment"
 - b. Stress, coping, vulnerability
 - c. Research "prevalence vs. incidence"

Week 2: Read Chapter 3 and make notes:

- Theoretical Perspectives on Maladaptive Behaviour
- a. Biological, psychodynamic, behavioural, cognitive, humanistic-existential, and community perspective.

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Week 3: Read Chapter 5 and make notes
Vulnerability, Stress, and Coping

- a. Life transitions
- b. Adjustment disorders

Week 4: Quiz on Chapters 1,3,5
Read Chapter 6 and make notes
Anxiety Disorders

- a. Generalized anxiety, panic, phobias, obsessive-compulsive
- b. Interpreting and treating anxiety disorders

Week 5 & 6: Read Chapter 8 and make notes
Sexual Variations and Disorders

- a. Changing views of Sexual Behaviour
- b. Sexual Dysfunction
- c. Gender Identity Disorder
- d. Paraphilias

Week 7: Read Chapter 9 and make notes
Personality Disorders

- a. Borderline personality disorder
- b. Antisocial personality disorder
- c. Anxious and fearful behaviours

Week 8: Quiz on Chapters 6,8,9

Week 8 & 9: Read Chapter 10 and make note?
Mood Disorders

- a. Theories of depression
- b. Types and causes
- c. Treatment

Week 10: Read Chapter 11 and make notes
Schizophrenic disorders

- a. Types of schizophrenia
- b. Therapeutic approaches

Week 11: Read Chapter 14 and make notes
Addictive disorders

- a. Perspectives on alcohol abuse
- b. Other drugs

Week 12: Quiz on Chapters 10, 11, 14

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Week 12 & 13: Read Chapter 15 and make notes
Maladaptive Behaviours of Childhood and Adolescence
a. Conduct disorders
b. Depression and children and adolescence

Week 14: Read Chapter 16 and make notes
Developmental Disorders Autism, Mental Retardation
a. Causes/Treatment
b. Deinstitutionalization

Week 15: Review
Quiz on chapters 15 & 16

Evaluation:

4 Quizzes X 50 points = 200 points

A + = 180-200 POINTS
A = 160-179 POINTS
B = 140-159 POINTS
C = 120-139 POINTS
R = 119 OR LESS

BONUS MARKS:

Students can earn .25 points for each hour they attend class to a maximum of 45 hours X .25= 11.25 bonus points.

TEST TAKING POLICY:

Should a student be unable to write a quiz due to **SERIOUS illness or circumstance, the student is OBLIGATED to contact the instructor PRIOR TO QUIZ TIME** in order to make alternative arrangements. Failure to do so will result in a zero grade. The student can call the college at 759-6774 and leave a message at Ext. 555, 666, or 515. Upon returning to school the student must contact the instructor **immediately** to make arrangements for a test time.

The instructor reserves the right to alter course material and *ar* evaluation methods as deemed necessary.